

Carrwood Primary School Menu - Week 3

Week Commencing:
30th Apr, 21st May,
11th Jun, 2nd Jul,
23rd Jul, 17th Sep
and 8th Oct

Mon

Choose from...

Bacon Medallion Loin
Quorn & Pepper Fajitas

Cheese Panini / Jacket
Potatoes / Sandwiches &
Wraps
Desserts...
Mandarin Sponge
Fruit Jelly



Tues

Choose from...

Cornish Pie
Vegetable Ravioli

Cheese Panini / Non -
Meat Panini /
Sandwiches & Wraps
Desserts...
Peach Oaty Crumble
Strawberry & Vanilla
Mousse

Did you know?....
Bananas give you lots
of energy to keep you
going through the day
in all your work and
play.

Wed

Choose from...

Beef Lasagne
Quorn Burger

Cheese Panini / Jacket
Potatoes / Sandwiches &
Wraps
Desserts...
Pear & Vanilla Sponge
Decorated Bun



Thurs

Choose from...

Harry Ramsden's Fish Fillet
Quorn Frankfurter

Cheese Panini / Jacket
Potatoes / Sandwiches &
Wraps
Desserts...
Belgian Waffle
Frozen Yoghurt



Fri

Choose from...

Cheese & Tomato Pizza

Jacket Potatoes /
Sandwiches & Wraps
Desserts...
Chocolate Sponge
Fresh Fruit Salad



School Catering at Carrwood Primary School

This leaflet contains details of the menu at Carrwood after the Easter holiday.

Tasty, nutritious school meals have been provided in the Bradford district for many years.

The Universal Infant Free School Meals scheme means these meals are provided **FREE to all primary school children in reception class and Years 1 & 2.**



There are no forms to fill in, or other eligibility criteria. So if your child is in one of these year groups, you can simply send them along to school to enjoy a delicious free lunch each day. If you would be eligible for free school meals (see criteria overleaf), it's a good idea to still register as your school will benefit from extra funding.

Please Note: For children in Years 3-6, meals will be priced at £1.70, which is still great value for money.



More information on the meals we provide, along with detailed allergen information is available online at

www.bradford.gov.uk/schoolmeals



The wording in this publication can be made available in other formats such as large print.
Please call: 01274 431404.

Carrwood Primary School Menu - Week 1

Week Commencing:
16th Apr, 7th May,
18th Jun, 9th Jul,
3rd Sept, 24th Sept
and 15th Oct

Mon

Choose from...

Beef Burger
Quorn Sausage

Cheese Panini / Jacket
Potatoes / Sandwiches &
Wraps
Desserts...
Marble Sponge
Fruit Jelly



Did you know?...

One orange provides a range of vitamins and minerals; a staggering 130 percent of your vitamin C needs for the day!

Tues

Choose from...

Mild Chicken Katsui Curry
Cheese Lattice

Cheese Panini / Jacket
Potatoes / Sandwiches &
Wraps
Desserts...
Mixed Fruit Crumble
Frozen Smoothie

Wed

Choose from...

Roast Turkey Dinner
Quorn Burger

Cheese Panini / Jacket
Potatoes / Sandwiches &
Wraps
Desserts...
Rice Pudding, Peaches &
Jam
Cocoa Buns



Thurs

Choose from...

Tempura Battered Fish
Quorn Frankfurter

Cheese Panini / Jacket
Potatoes / Sandwiches &
Wraps
Desserts...
Jam Sponge
Chocolate & Vanilla
Mousse



Fri

Choose from...

Cheese & Tomato Pizza

Jacket Potatoes /
Sandwiches & Wraps

Desserts...
Chocolate & Pear
Sponge
Fresh Fruit Salad



- ✓ All main meals are accompanied with either potatoes, rice or naan bread, seasonal vegetables or salad, and fresh bread.
- ✓ All meat is from farms which satisfy UK welfare standards.
- ✓ All fresh vegetables and potatoes are locally sourced, wherever possible.
- ✓ All our fish, vegetarian, and cheese dishes are suitable for Muslims.

- ✓ All desserts are suitable for vegetarians and Muslims.
- ✓ We do not use preservatives or additives that are unsuitable for children.
- ✓ We have a no nut and no genetically modified ingredient policy.
- ✓ The school meals provider at Carrwood have been awarded the bronze standard.



Approved by
COUNCIL OF
MOSQUES



Carrwood Primary School Menu - Week 2

Week Commencing:
23rd Apr, 14th May,
4th June, 25th Jun,
16th Jul, 10th Sep
and 1st Oct

Mon

Choose from...

Pork Meatballs (Gluten Free)
Quorn Sausage

Cheese Panini / Jacket
Potatoes / Sandwiches &
Wraps
Desserts...
Orange Drizzle Cake
Strawberry & Vanilla
Mousse



Did you know?...

Apples are very nutritious. This means they are good for you. Apples are filled with potassium, vitamin C, carbohydrates, fibre and antioxidants.

Tues

Choose from...

Meat & Potato Pie
Cheese Lattice

Cheese Panini / Jacket
Potatoes / Sandwiches &
Wraps
Desserts...
Pineapple Upside Down
Cake
Flapjack

Wed

Choose from...

Roast Beef Dinner
Quorn Meatballs in Tomato Sauce

Cheese Panini / Jacket
Potatoes / Sandwiches &
Wraps
Desserts...
Orange & Lemon
Sponge
Mandarin Jelly

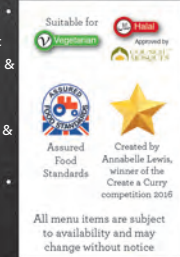


Thurs

Choose from...

Harry Ramsden's Fish Fillet
Quorn & Pepper Fajitas

Cheese Panini / Jacket
Potatoes / Sandwiches &
Wraps
Desserts...
Rice Pudding, Peaches &
Jam
Frozen Yoghurt



Fri

Choose from...

Cheese & Tomato Pizza

Jacket Potatoes /
Sandwiches & Wraps

Desserts...
Chocolate & Mandarin
Sponge
Fresh Fruit Salad



Children in Years 3 to 6 could also get School Meals for FREE

Your child is entitled to free school meals if you receive any of the following*:

- Income Support
- Universal Credit
- Pension Credit (Guarantee Credit only)
- Income based Jobseekers Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Child Tax Credit with an annual income of less than £16,190, if not receiving Working Tax Credit
- Income-related Employment and Support Allowance
- Working Tax Credit run-on

Registering for Free School Meals means your school gets extra money from the government, known as the pupil premium. For more information on free school meals please tel: 01274 432772 or email: benefits@bradford.gov.uk Or check/apply online at www.bradford.gov.uk/benefits