

PE LONG TERM PLAN

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Me and Myself	Movement Development	Movement Development	Working with Others	Ball Skills	Fun and Games
Reception	Body Management	Speed Agility Travel	Gymnastics	Cooperate and Solve Problems	Dance	Manipulation and Coordination
Year 1	Send and Return	Attack Defend Shoot	Dance Hit Catch Run	Gymnastics Hit Catch Run	Run Jump Throw	OAA
Year 2	Dance Attack Defend Shoot	Gymnastics Attack Defend Shoot	Send and Return	Hit Catch Run	Run Jump Throw	OAA
Year 3	Dance Basketball	Gymnastics Basketball	Hockey Tennis	Hockey Tennis	Cricket Cricket	Athletics OAA
Year 4	Dance Football	Gymnastics Football	Badminton Netball	Badminton Netball	Tag rugby Tag rugby	Athletics OAA
Year 5	Dance Swimming	Dodgeball Swimming	Gymnastics Swimming	Cricket Swimming	Athletics Swimming	Tennis Swimming
Year 6	Hockey Football	Gymnastics Football	Badminton Basketball	Dance Athletics	Dodgeball Athletics	Rounders Rounders