



DREAM BIG! BELIEVE, ASPIRE, ACHIEVE

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Dear Parents / Carers

We know that Ramadan is a very special time for some of our families and is a period of prayer, fasting and goodwill to others.

Some of our students have begun to ask about fasting when they are in school. In order for us to best support them please can you let us know if your child will be intending to fast during Ramadan by returning the slip at the bottom of this letter. We are aware there is no obligation for young children to fast before they begin puberty.

Whilst children are fasting we will run a lunch time club in the library for them to access. We will also monitor children during physical activity. If a child becomes fatigued, the fasting affects their learning or we have any other concerns we will contact parents / carers for permission to break the fast.

We are aware that you may want your child to fast on some days but not others, or you may want to leave the decision up to your child. We ask that you keep your child's class teacher updated.

Please complete the slip below and return to school before the start of Ramadan.

Yours sincerely

Miss N Malt

Headteacher

Name of child: _____

Class: _____

I would like to notify school that my child will be fasting from ____/____/____ to ____/____/____.

Parents Name: _____

Parent's Signature _____