



DREAM BIG! BELIEVE, ASPIRE, ACHIEVE

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Dear Parents/Carers,

What is Early Help?

Early Help is a way of getting extra help and support when your family needs it, it is low level support, voluntary and parent led. We want to help families as soon as difficulties start, so things don't escalate and get worse for you.

Why would I need Early Help?

Lots of families need support at some point in their busy lives, we all know how difficult and overwhelming it can get at times. We can help parents/carers with all kinds of issues, it could be that you're worried about your child's development and behaviour, or perhaps you need support managing a child with SEND needs. It maybe you need some support in the home with routines and boundaries or advice on out of school activities because your child feels isolated.

Just some things we help with:

- Parenting support, managing and understanding behaviours
- SEND needs , advice and support
- Behaviour issues
- Online safety
- Debts and finance
- Children & adults mental health
- Mediation & contact
- Domestic violence and conflict in relationships
- Drugs and alcohol support
- Out of school activities and Youth work
- Support in the home, routines, consequences, rewards
- Parent programs and SEND parent programs
- Finding work and training
- Anger management, ASB, crime.
- Social and Emotional health (SEMH)
- Attendance support

Starting from Thursday 12th March (1-3pm) there will be drop in sessions to have a friendly chat with our Early Help Worker, here at school. Please book in with the School Office.

Yours Sincerely

Miss N Malt

